

# APRIL

2021

## HEADSTART & PREK MENU



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### Special Announcements:

Breakfast free PK-5 \$1.75 grades 6-12 Lunch: \$3.00 paid, \$.40 reduced \$4.00 for non-students & adults. Breakfast is served with a choice of milk, juice and fruit. Lunch is served with a choice of milk. Menu is subject to change without notice due to weekly delivery

Mini Maple Waffles  
**Chicken Nuggets**  
Steamed Broccoli  
Mashed Potatoes  
Frozen Raspberry Cup 1.

**GOOD  
FRIDAY** 2.

Breakfast Grilled Cheese  
**Chili Cheese Dog**  
Sweet Potato Fries  
Peaches 5.

Mini Strawberry Pancakes  
**PBJ Sandwich**  
Cheese Cubes  
Baby Carrots  
Applesauce 6.

Kolaches  
**Pizza**  
Carrot Coins  
Snowball Salad 7.

French Toast  
**Chicken Nuggets**  
Steamed Broccoli  
Mixed Fruit 8.

Poptart & Yogurt  
**Chicken Parmesan**  
Green Beans  
Pineapple Tidbits 9.

Mini Blueberry Waffle  
**Country Fried Steak**  
Gravy  
Roll  
Mashed Potatoes  
Strawberries 12.

Mini Maple Pancakes  
**Meat & Cheese Chalupas**  
Refried Beans  
Rosy Applesauce 13.

Cereal & Yogurt  
**Pizza**  
Carrot Coins  
Mixed Fruit 14.

Breakfast Pizza  
**Chicken Tenders**  
Gravy  
Garden Salad  
Apple Slices 15.

Pancake Wrap  
**Fish Sticks**  
Mac & Cheese  
Green Beans  
Orange Smiles 16.

Sausage Biscuit  
**Chicken Tenders**  
Gravy  
Smile Fries  
Strawberries & Bananas 19.

Triple Blast French Toast  
**French Bread Pizza**  
Garden Salad  
Frozen Cherry Cup 20.

Mini Chocolate Donuts  
**Boneless Chicken Wings**  
Chips  
Carrot Coins  
Peaches 21.

Mini Maple Waffles  
**Popcorn Chicken**  
Vegetable Medley  
Pears 22.

**BAD  
WEATHER** 23.

Breakfast Grilled Cheese  
**Mini Corn Dogs**  
Tater Tots  
Mixed Fruit 26.

Mini Strawberry Pancakes  
**Nachos Grande**  
Refried Beans  
Apricots 27.

Kolaches  
**Crispy Chicken Sandwich**  
Curly Fries  
Mandarin Oranges 28.

Maple Sausage Sandwich  
**Hamburger Steak**  
Brown Gravy  
Roasted Potatoes  
Apple Slices  
Animal Crackers 29.

Mini Maple Waffle  
**Pizza**  
Garden Salad  
Bananas 30.

- Art Contest Deadline Apr. 2



Food and Nutrition Division  
National School Lunch Program and School Breakfast Program

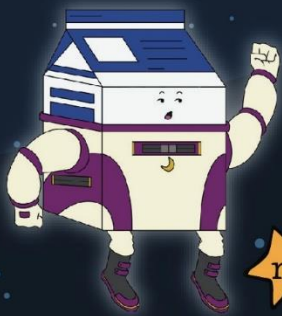


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**COMMISSIONER SID MILLER**

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# APRIL

2021

## K-8 MENU



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### Special Announcements:

Breakfast free PK-5 \$1.75 grades 6-12 Lunch: \$3.00 paid, \$.40 reduced \$4.00 for non-students & adults. Breakfast is served with a choice of milk, juice and fruit. Lunch is served with a choice of milk. Menu is subject to change without notice due to weekly delivery

Mini Maple Waffles  
**Chicken Nuggets**  
Steamed Broccoli  
Mashed Potatoes  
Frozen Raspberry Cup  
Cookies 1.

**GOOD  
FRIDAY** 2.

### Breakfast Grilled Cheese

**Chili Cheese Dog**  
Sweet Potato Fries  
Corn  
Grapes 5.

### Mini Strawberry Pancakes

**PBJ Sandwich**  
Cheese Cubes  
Baby Carrots  
Cucumbers  
Applesauce  
Animal Crackers 6.

### Kolaches

**Pizza**  
Steak Fries  
Carrot Coins  
Snowball Salad 7.

### French Toast

**Chicken Nuggets**  
Mashed Potatoes  
Steamed Broccoli  
Roll  
Mixed Fruit  
Cookie 8.

### Poptart & Yogurt

**Chicken Parmesan**  
Breadstick  
Green Beans  
Garden Salad  
Pineapple Tidbits  
Rice Krispy 9.

### Mini Blueberry Waffle

**Country Fried Steak**  
Gravy  
Roll  
Mashed Potatoes  
Okra  
Strawberries 12.

### Mini Maple Pancakes

**Meat & Cheese Chalupas**  
Cucumbers  
Refried Beans  
Salsa  
Rosy Applesauce 13.

### Cereal & Yogurt

**Pizza**  
Steamed Broccoli  
Baby Carrots  
Mixed Fruit 14.

### Breakfast Pizza

**Chicken Tenders**  
Roll  
Gravy  
Garden Salad  
Sweet Potatoes  
Apple Slices  
Cookie 15.

### Pancake Wrap

**Fish Sticks**  
Mac & Cheese  
Coleslaw  
Green Beans  
Orange Smiles  
Rice Krispy 16.

### Sausage Biscuit

**Chicken Tenders**  
Roll  
Gravy  
Smile Fries  
Tiny Tomato Cup  
Strawberries & Bananas 19.

### Triple Blast French Toast

**French Bread Pizza**  
Marinara Sauce  
Garden Salad  
California Blend  
Frozen Cherry Cup 20.

### Mini Chocolate Donuts

**Boneless Chicken Wings**  
Green Beans  
Baby Carrots  
Peaches  
Pudding 21.

### Mini Maple Waffles

**Popcorn Chicken**  
Roll  
Vegetable Medley  
Mashed Potatoes  
Pears  
Cookie 22.

**BAD  
WEATHER** 23.

### Breakfast Grilled Cheese

**Mini Corn Dogs**  
Tater Tots  
Tiny Tomato Cups  
Mixed Fruit 26.

### Mini Strawberry Pancakes

**Nachos Grande**  
Salsa  
Refried Beans  
Cucumbers  
Apricots  
Ice Cream Cup 27.

### Kolaches

**Crispy Chicken Sandwich**  
Curly Fries  
Fresh Veggie Cup  
Mandarin Oranges 28.

### Maple Sausage Sandwich

**Hamburger Steak**  
Brown Gravy  
Biscuit  
Roasted Potatoes  
Crunchy Broccoli Salad  
Apple Slices 29.

### Mini Maple Waffle

**Pizza**  
Carrots Coins  
Garden Salad  
Bananas 30.

Art Contest Deadline Apr. 2



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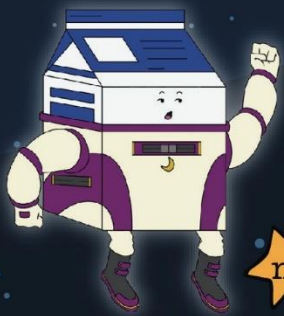
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# APRIL

2021

## HIGH SCHOOL MENU



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### Special Announcements:

Breakfast free PK-5 \$1.75 grades 6-12 Lunch: \$3.00 paid, \$.40 reduced \$4.00 for non-students & adults. Breakfast is served with a choice of milk, juice and fruit. Lunch is served with a choice of milk. Menu is subject to change without notice due to weekly delivery

Mini Maple Waffles  
**Chicken Nuggets**  
Steamed Broccoli  
Mashed Potatoes  
Frozen Raspberry Cup  
Cookies 1.

**GOOD  
FRIDAY** 2.

### Breakfast Grilled Cheese

**Chili Cheese Dog**  
Sweet Potato Fries  
Corn  
Grapes 5.

### Mini Strawberry Pancakes

**PBJ Sandwich**  
Cheese Cubes  
Baby Carrots  
Cucumbers  
Applesauce  
Animal Crackers 6.

### Kolaches

**Pizza**  
Steak Fries  
Carrot Coins  
Snowball Salad 7.

### French Toast

**Chicken Nuggets**  
Mashed Potatoes  
Steamed Broccoli  
Roll  
Mixed Fruit  
Cookie 8.

### Poptart & Yogurt

**Chicken Parmesan**  
Breadsrick  
Green Beans  
Garden Salad  
Pineapple Tidbits  
Rice Krispy 9.

### Mini Blueberry Waffle

**Country Fried Steak**  
Gravy  
Roll  
Mashed Potatoes  
Okra  
Strawberries 12.

### Mini Maple Pancakes

**Meat & Cheese Chalupas**  
Spanish Rice  
Cucumbers  
Refried Beans  
Salsa  
Rosy Applesauce 13.

### Cereal & Yogurt

**Pizza**  
Steamed Broccoli  
Baby Carrots  
Mixed Fruit 14.

### Breakfast Pizza

**Chicken Tenders**  
Roll  
Gravy  
Garden Salad  
Sweet Potatoes  
Apple Slices  
Cookie 15.

### Pancake Wrap

**Fish Sticks**  
Mac & Cheese  
Coleslaw  
Green Beans  
Orange Smiles  
Rice Krispy 16.

### Sausage Biscuit

**Chicken Tenders**  
Roll  
Gravy  
Smile Fries  
Tiny Tomato Cup  
Strawberries & Bananas 19.

### Triple Blast French Toast

**French Bread Pizza**  
Marinara Sauce  
Garden Salad  
California Blend  
Frozen Cherry Cup 20.

### Mini Chocolate Donuts

**Boneless Chicken Wings**  
Chips  
Green Beans  
Baby Carrots  
Peaches  
Pudding 21.

### Mini Maple Waffles

**Popcorn Chicken**  
Roll  
Vegetable Medley  
Mashed Potatoes  
Pears  
Cookie 22.

**BAD  
WEATHER** 23.

### Breakfast Grilled Cheese

**Mini Corn Dogs**  
Tater Tots  
Tiny Tomato Cups  
Mixed Fruit 26.

### Mini Strawberry Pancakes

**Nachos Grande**  
Salsa  
Refried Beans  
Cucumbers  
Apricots  
Ice Cream Cup 27.

### Kolaches

**Crispy Chicken Sandwich**  
Curly Fries  
Fresh Veggie Cup  
Mandarin Oranges 28.

### Maple Sausage Sandwich

**Hamburger Steak**  
Brown Gravy  
Biscuit  
Roasted Potatoes  
Crunchy Broccoli Salad  
Apple Slices 29.

### Mini Maple Waffle

**Pizza**  
Carrots Coins  
Garden Salad  
Bananas 30.

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