

# NOVEMBER

2018



M

T

W

TH

F

Call me  
**CAPTAIN CARROTENE!**

**GOOD EATS AT**

**HEADSTART & PREK MENU**

**SPECIAL ANNOUNCEMENTS**

**NO SCHOOL**  
5

Sausage kolache  
**Chili cheese combo**  
(Chili, tater tots, corn bread & cheese)  
Pears 6

PBJ  
**Chicken nuggets**  
Mac & cheese  
Green beans  
Strawberries 7

Breakfast Burrito  
**Pizza**  
Corn  
Fruity Jello 8

French toast  
**Hamburger/Cheeseburger**  
Cucumber slices  
Cinnamon applesauce  
Animal crackers 9

Breakfast sandwich  
**Steak fingers**  
Roll & gravy  
Mashed potatoes  
Carrot coins  
Strawberries & banana 12

Mini pancakes  
**French bread pizza**  
California blend  
Fruit cup 13

Breakfast Muffin  
**Boneless chicken wings**  
Celery sticks/ carrot sticks  
Cornbread  
Orange smiles 14

Breakfast Pizza  
**Chicken quesadilla**  
Pinto beans  
Fresh fruit 15

Waffle  
**Popcorn chicken**  
Broccoli  
Oven fries  
Peaches 16

**NO SCHOOL**  
19

**NO SCHOOL**  
20

**NO SCHOOL**  
21

**NO SCHOOL**  
22

**NO SCHOOL**  
23

Sausage biscuit  
**Pizza**  
Baby carrots  
Seasoned corn  
Mixed fruit  
Animal crackers 26

Sausage kolache  
**Frito pie**  
Veggie cup  
Orange smiles 27

Breakfast bread  
**Chicken nuggets**  
Mashed potatoes  
Garden salad  
Pears 28

Chicken biscuit  
**Grilled cheese sandwich**  
Oven fries  
Carrots  
Snowball salad

Breakfast taco  
**Chicken Parmesan**  
Green beans  
Pineapple 30

Breakfast free PK-5  
\$1.75 grades 6-12  
Lunch: \$3.00 paid, \$.40 reduced  
\$3.75 for non-students, adults  
Breakfast is served with a choice of milk, juice and fruit.  
Lunch is served with a choice of milk.  
Menu is subject to change without notice due to weekly delivery.



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**



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2018



Call me  
**CAPTAIN CARROTENE!**

**GOOD  
EATS AT**

**K-5  
MENU**

**SPECIAL  
ANNOUNCEMENTS**

Breakfast free PK-5  
\$1.75 grades 6-12  
Lunch: \$3.00 paid, \$4.00 reduced  
\$3.75 for non-students, adults  
Breakfast is served with a choice of  
milk, juice and fruit.  
Lunch is served with a choice of  
milk.  
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M	T	W	TH	F
<b>NO SCHOOL</b> 5	<u>Sausage kolache</u> Chili cheese combo (Chili, tater tots, corn bread & cheese) Fresh veggie cup Pears 6	<u>PBJ</u> Chicken nuggets Mac & cheese Green beans Garden salad Strawberries 7	<u>Chicken n biscuit</u> Ranchero wrap Broccoli Fresh veggie cup Snowball salad 1	<u>Breakfast cookie</u> <b>Bearcat Bowl</b> (Popcorn chicken, corn, mashed potatoes & gravy) Green beans Roll Apple slices 2
<b>NO SCHOOL</b> 12	<u>Mini pancakes</u> French bread pizza Garden salad California blend Fruit cup Pudding 13	<u>Breakfast Muffin</u> Boneless chicken wings Celery sticks/ carrot sticks Cornbread Orange smiles Brownie 14	<u>Breakfast Burrito</u> Pizza Corn Tiny tomato cup Fruity Jello 8	<u>French toast</u> Hamburger/Cheeseburger Cucumber slices Carrots Cinnamon applesauce Cookie 9
<b>NO SCHOOL</b> 19	<b>NO SCHOOL</b> 20	<b>NO SCHOOL</b> 21	<b>NO SCHOOL</b> 22	<b>NO SCHOOL</b> 23
<u>Mini Cinnis</u> Steak fingers Roll & gravy Mashed potatoes Carrot coins Strawberries & bananas 12	<u>Breakfast Pizza</u> Chicken quesadilla Corn Pinto beans Salsa Fresh fruit 15	<u>Breakfast bread</u> Chicken nuggets Mashed potatoes Garden salad Roll Pears 28	<u>Waffle</u> Popcorn chicken Roll Broccoli Oven fries Peaches 16	<u>Breakfast taco</u> Chicken Parnesan Breadstick Garden salad Green beans Pineapple 30
<u>Sausage biscuit</u> Pizza Baby carrots Seasoned corn Fresh grapes Cookie 26	<u>Sausage kolache</u> Frito pie Veggie cup Refried beans Salsa Orange smiles 27	<u>Chicken biscuit</u> Hot dog Oven fries Carrot coins Snowball salad 29		

# NOVEMBER

2018



**M** **T** **W** **TH** **F**

Call me  
**CAPTAIN CARROTENE!**

**GOOD EATS AT**

**Junior High MENU**

**NO SCHOOL**

5

Chicken n biscuit  
**Chili cheese combo**  
(Chili, later tots, corn bread & cheese)  
Fresh veggie cup  
Pears 6

Power breakfast  
**Chicken nuggets**  
Mac & cheese  
Green beans  
Garden salad  
Strawberries 7

Pancake wrap  
**Pizza**  
Corn  
Tiny tomato cup  
Fruity Jello 8

Biscuit & sausage  
**Hamburger/Cheeseburger**  
Cucumber slices  
Carrots  
Cinnamon applesauce  
Animal crackers 9

Pancakes & bacon  
**Steak fingers**  
Roll & gravy  
Mashed potatoes  
Carrot coins  
Strawberries & bananas 12

Sunrise sandwich  
**French bread pizza**  
Garden salad  
California blend  
Fruit cup  
Pudding 13

French toast & sausage  
**Boneless chicken wings**  
Celery sticks/ carrot sticks  
Cornbread  
Orange smiles  
Brownie 14

Oatmeal & cinnamon toast  
**Chicken quesadilla**  
Salsa  
Pinto beans  
corn  
Fresh fruit 15

Breakfast burrito  
**Popcorn chicken**  
Roll  
Broccoli  
Oven fries  
Peaches 16

**NO SCHOOL**

19

**NO SCHOOL**

20

**NO SCHOOL**

21

**NO SCHOOL**

22

**NO SCHOOL**

23

Sausage Kolache  
**Pizza**  
Baby carrots  
Seasoned corn  
Grapes  
Cookie 26

Breakfast taquito  
**Frito pie**  
Salsa  
Refried beans  
Veggie cup  
Orange smiles 27

Waffle & sausage  
**Chicken nuggets**  
Mashed potatoes  
Roll  
Garden salad  
Pears 28

Breakfast pizza  
**Hot dog**  
Oven fries  
Carrot coins  
Snowball salad 29

Donut holes & sausage  
**Chicken Parmesan**  
Bread stick  
Garden Salad  
Green beans  
Pineapple 30

**SPECIAL ANNOUNCEMENTS**

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**M** **T** **W** **TH** **F**

Call me  
**CAPTAIN CARROTENE!**

**GOOD EATS AT**

High School  
Menu

**SPECIAL ANNOUNCEMENTS**

**NO SCHOOL**  
5

Chicken n biscuit  
**Chili cheese combo**  
(Chili, later tots, corn bread & cheese)  
Fresh veggie cup  
Pears 6

Power breakfast  
**Chicken nuggets**  
Mac & cheese  
Green beans  
Garden salad  
Strawberries 7

Pancake wrap  
**Pizza**  
Corn  
Tiny tomato cup  
Fruity Jello 8

Biscuit & sausage  
**Hamburger/Cheeseburger**  
Cucumber slices  
Carrots  
Cinnamon applesauce  
Cookie 9

Pancakes & bacon  
**Steak fingers**  
Roll & gravy  
Mashed potatoes  
Carrot coins  
Strawberries & bananas 12

Sunnise sandwich  
**French bread pizza**  
Garden salad California blend  
Fruit cup  
Pudding 13

French toast & sausage  
**Boneless chicken wings**  
Celery sticks/ carrot sticks  
Cornbread  
Orange smiles  
Brownie 14

Oatmeal & cinnamon toast  
**Chicken quesadilla**  
Spanish rice  
Salsa  
Pinto beans  
corn  
Fresh fruit 15

Breakfast burrito  
**Popcorn chicken**  
Roll  
Broccoli  
Oven fries  
Peaches 16

**NO SCHOOL**  
19

**NO SCHOOL**  
20

**NO SCHOOL**  
21

**NO SCHOOL**  
22

**NO SCHOOL**  
23

Sausage Kolache  
**Pizza**  
Baby carrots  
Seasoned corn  
Grapes  
Cookie 26

Breakfast taquito  
**Frito pie**  
Salsa  
Refried beans  
Veggie cup  
Orange smiles 27

Waffle & sausage  
**Chicken nuggets**  
Mashed potatoes  
Roll  
Garden salad  
Pears 28

Chicken biscuit  
**Hot dog**  
Oven fries  
Carrot coins  
Snowball salad 29

Stuffed pita  
**Chicken Parnesan**  
Bread stick  
Garden salad  
Green beans  
Pineapple 30

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